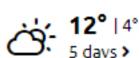
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Bacton Primary School, near Stowmarket, has visit from Bollywood dancer

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Everyone knows how important exercise is, but students at one Suffolk school had their hearts pumping in a slightly different way to usual.

Children from Bacton Primary, part of the John Milton Academy Trust, had a visit from a Bollywood dancer last Friday.

Kalpesh Zalavadiya, from K's Dance Entertainment, visited the school and gave pupils a lesson in the art of the Indian dance style.



Kalpesh Zalavadiya came into Bacton Primary to teach the children how to dance the Bollywood style. Picture: John Milton Academy

Later on in the day pupils performed their own Bollywood dance in the playground.

Laura Daniels, PE coordinator, said the children really enjoyed the chance to soak up another culture.



Laura Daniels, PE coordinator, said children had 'lots of fun'. Picture: John Milton Academy Trust.

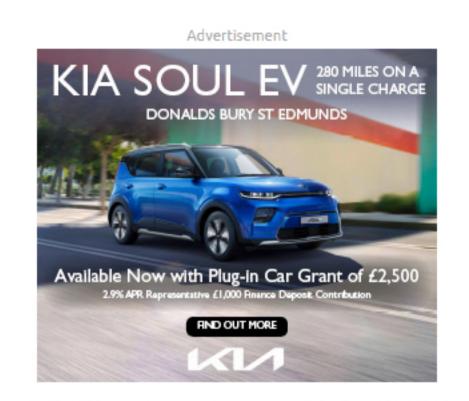
"Kalpesh was brilliant, really energetic and the children loved every minute of it.

"We wanted the children to experience another culture – and thought doing it through dance was a fun way to take part.

"It has been amazing – the children have had smiles on their faces all day."

Each class was treated to a Bollywood workshop, learning a few of the complex dance moves, before getting the chance to ask Kalpesh questions about India's culture and customs.

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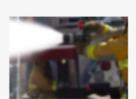
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